



MILESTONES

C3 Family Ministry's Discipleship Track

God has called the parents to be the primary disciplers of their children. He has also called the church to partner with parents, to intentionally teach, love, and model the gospel to our kids. We see this throughout the Bible, in Deuteronomy 6, Psalm 78, Matthew 28:18-20, and Ephesians 6. The goal is that our kids will grow into mature followers of Christ, by God's grace.

Proverbs 22:6 says, "Train up a child in the way that he should go..." If the church and family are both committed to training up our children, it makes sense to have a common track, of stage and age discipleship that we travel along together.

This spiritual formation plan is called Milestones. It is an intentional partnership with between the church, and you, the parents, in your role as your child's primary discipler. There are truths to teach, books to read, ceremonies and celebrations to be experienced, and discipleship relationships that grow each year as the child matures.

We'll journey through 7 milestones together, prayerfully training our children along the way to know, love, and follow Jesus, by God's grace.

The 7 Milestones

1. Family Covenant
2. Gospel Foundations
3. Preparing for Adolescence
4. Purity for Life
5. Rite of Passage
6. HS Graduation
7. Life in Christ

Approximate age

- 0-4 years
- 5-8 years
- 9-11 years
- 12-14 years
- 15-17 years
- 18 years
- 19-22 years

What Do the 7 Milestones Consist Of?

Parental Opportunities

- Core competencies (key truths to be taught)
- Resources (handpicked topical books and documents to equip you and your children in each stage of discipleship)
- Faith talks (family devotionals, family worship, scripture memory, etc.)
- God Moments (teachable moments, modeling moments, and joy moments)
- Family Celebrations (salvation/baptism, pre-adolescent trip, manhood/womanhood ceremony, The Blessing)
- Camp (optional: family camping and overnight Christian camp)

Church Opportunities

- Core competencies (key truths and age-based curriculum)
- Parent Seminars (equipping classes)
- Champions (group or individual meetings to onboard parents charting the course)
- Events (Ceremonies, mission trips, family bonding)
- Equipping Environments (C3Kids, TbarM church camp, Youth meetings, equip classes)

Spiritual Developmental Stages

1. “Dream” years: (0-8 years) Imagining God.

2. Core Competencies (Big picture of Creator God and Father, Bible Stories, identity, catechism, the gospel, spiritual disciplines, marital relationship)

- Resources (Books, CDs, Bible memorization)
- Faith Talks (take home lessons from church, personal bible reading and praying, Bible trivia, videos, songs, etc.)
- Family Celebration (extended family gatherings, Bible gift, camping, road trip, family camp)
- God Moments (spontaneous teaching moments and modeling)
- Parent Seminars (Spiritual leadership in the home, sharing Christ with your kids)
- Church Events (Family Covenant Ceremony, Family Bonding)
- Other (Family Agreement document, Gift to parents: “Tying their Shoes” book)

2. “Discover” years: (9-14 years old) Understanding truth.

• Core Competencies (Identity, Catechism, Biblical purity, spiritual disciplines, Healthy Friendships, “Birds and Bees”)

- Resources
- Faith Talks (Family Worship, scripture memory, etc.)
- Church Event (baptism?, retreats and mission trips, TbarM)
- Parent Seminar (Preparing for Adolescence and Purity for Life)
- Family Celebration (spiritual birthday party, pre-adolescent trip in 7th grade)
- Overnight Christian camp
- Other (Family Agreement documents)

3. “Deliver” years: (15-18+ year old) Making Disciples.

• Core Competencies (Apologetics, Sharing faith, Biblical roles of men and women, discipleship, service)

- Resources
- Family Celebration (Manhood/Womanhood Ceremony, Parental blessing)
- Parent Seminar (Rite of Passage, Preparing your child to leave home, How to parent your grown child)
- Faith Talks (Family Worship, scripture memory, Manhood/Womanhood Ceremony in 10th grade)
- Church Events (baptism?, praying for graduates during church service, honoring at youth meeting)
- Overnight Christian camp
- Other (Serving at church, local/international mission trip, memorize Philippians for half purchase of first car)